

Physical Education Curriculum

Intent

- To create a love of PE and sport across the school.
- For EYFS to lay strong foundation focusing on fundamental movements, fine and gross motor skills.
- To develop and apply new skills within every lesson.
- To be active throughout each PE lesson.
- For learning to be differentiated to support the needs of every child.
- For staff to have a clear understanding of the National Curriculum, through regular CPD, the use of expert external coaches and supporting each other.
- For learning to be supported and enhanced through a range of curriculum sporting activities e.g. entering competitions and festivals.
- For the Sports Premium Funding to be spent effectively to develop a lasting legacy for PE & Sport to enhance the children's learning and experiences while improving staff knowledge.
- For children to develop resilience and a want to self-improve.
- For swimming and water safety to be taught in KS2 (Year 4) and extra opportunities are taken to continue to improve 25m swimming percentage (Year 5.)

Implementation

- Sporting achievements celebrated in Star Awards, newsletters, school twitter and end of year award.
- EYFS staff to teach staff relevant skills to give a solid foundation.
- Encouraging children to take an active part no matter level of ability or experience.
- Speaking to children to find out what they enjoy/do not enjoy about PE.
- Teachers creating engaging lessons, using a range of techniques, games and equipment.
- Teachers using both indoor and outdoor spaces available within school to deliver learning.
- Teachers to use knowledge and expertise from external coaches to improve their own knowledge.
- Children are encouraged to self-reflect and how they can use this to improve.
- Children are encouraged to offer feedback to their peers on how they can improve.
- Children taught new skills and given opportunities to develop them within lessons.
- As many children as possible given the opportunity to represent the school.
- Children taken to weekly swimming lessons in Year 4 and the opportunity for extra swimming lessons in Year 5.

Impact

- Children take part in fun, engaging, high-quality lessons that support their learning and are equipped to move forward in their learning within school.
- Teachers can confidently teach lessons and provide all children with a well-rounded curriculum.
- Children have a greater understanding of how PE and sport affects our physical and mental health.
- All children will leave St Mary's with an understanding of how they can look after their bodies and the importance of doing so.
- A love of PE and Sport is embedded from an early age.
- Children find a sport or physical activity that they enjoy.